



fitted waistband

Start with your waist measurement and add the amount of ease you wish to have.

Length

- (A) Waist measurement = 60.5 cm + 2.5 cm ease = 63 cm.
- (B) Seam allowances, double the amount (to equal either side of waistband)
- (C) The underlap should be at least 3.75 cm (about 1 1/2 inches)
- (D) The total length of fabric to cut

Waistbands are usually 2.5 cm to 5 cm (1 inches to 2 inches) wide

Width

- (E) Desired waistband width multiplied by 2
- (F) Front seam allowance (attached to skirt front)
- (G) Back seam allowance - slightly bigger than your standard seam allowance e.g. standard s.a. is 1 cm, back s.a. = 1.5 cm (attached to inside of skirt)
- (H) Total cut width

Remember to add notches/ matching pin points (Front Notches ∇ Back Notches $\nabla\nabla$)

This block waistband pattern will result in a fitted waistband, which you can then develop to form the style of waistband to suit your skirt.

